## **ATC TRAINING**





## UNDERSTANDING BEHAVIOUR THAT CHALLENGES



Aged 19+ at the beginning of the academic year



Lived in the EU for 3 years



Challenging behaviour is causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities and conditions like dementia. Understanding the causes of challenging behaviour is the first step towards finding ways to support individuals and manage their behaviour.

## Benefits

Achieve a nationally recognised Level 2 qualification

Improve your understanding of the reasons why individuals display behaviour that challenges and its impact

Further your personal and professional development

Be able to support individuals effectively

Learn at a time that suits you without the need to attend college

## What you will learn

Understand Behaviour That Challenges

Understand How to Support Positive Behaviour

Understand the Importance of Effective Communication and the Management of Behaviour That Challenges

Understand the Role of Reflection and Support for Those Involved in Incidents of Behaviour that Challenges