

Example Session Plan

Teacher/trainer	John Smith	Date	XXX	Venue	Classroom 1
Programme/ Qualification/ Topic	Folding a paper plane	Time Duration	15mins	Number of learners	6
Aim of session	To introduce the art of folding a paper plane				
Group composition / ALS / Notes	Mixed experience levels on the course, no additional learning support required. This session has two learning objectives. By the end of this session, learners will be able to: Demonstrate how to fold a paper plane in 2 minutes, fly the paper plane at least 3m.				
Timing	Learning outcomes/objectives/tasks Learners will:	Teacher activities	Learner activities	Assessment activities	Resources
2 mins	Introduction and state learning objectives	Introduce self and explain my own experience making paper planes. Check for prior experience in the class.	Listen, respond to any questions.	n/a	n/a
3 mins	Demonstrate how to fold a paper plane	Provide handout and ask students to watch only. Talk through folding the plane, step by step and ask students to watch.	Listen, observe, and follow handout.	n/a	A4 paper (for teacher only) Handout
4 mins	Be able to fold a paper plane in 2 minutes. (Practice session)	Observe students and provide assistance where needed.	Practice making the paper plane. If successful and time allows, have a second attempt.	Practical observation.	A4 paper x 2 (per person) Handout
2 mins	Be able to fold a paper plane in 2 minutes. (Timed session)	Ask students to demonstrate making the plane, time the activity	Make another plane within 2 mins.	Practical observation.	A4 paper x 1 (per person) Handout Stopwatch (use phone)

3 mins	Be able to fly the plane at least 3m.	Ask each student to fly their plane and measure distance.	Throw paper plane to see if it achieves the distance required.	Practical observation	Paper plane (previously made) Tape measure
2 mins	Recap	Recap learning objectives and provide any feedback required to learners.	Listen and ask any questions.	n/a	Scores – timing and distances